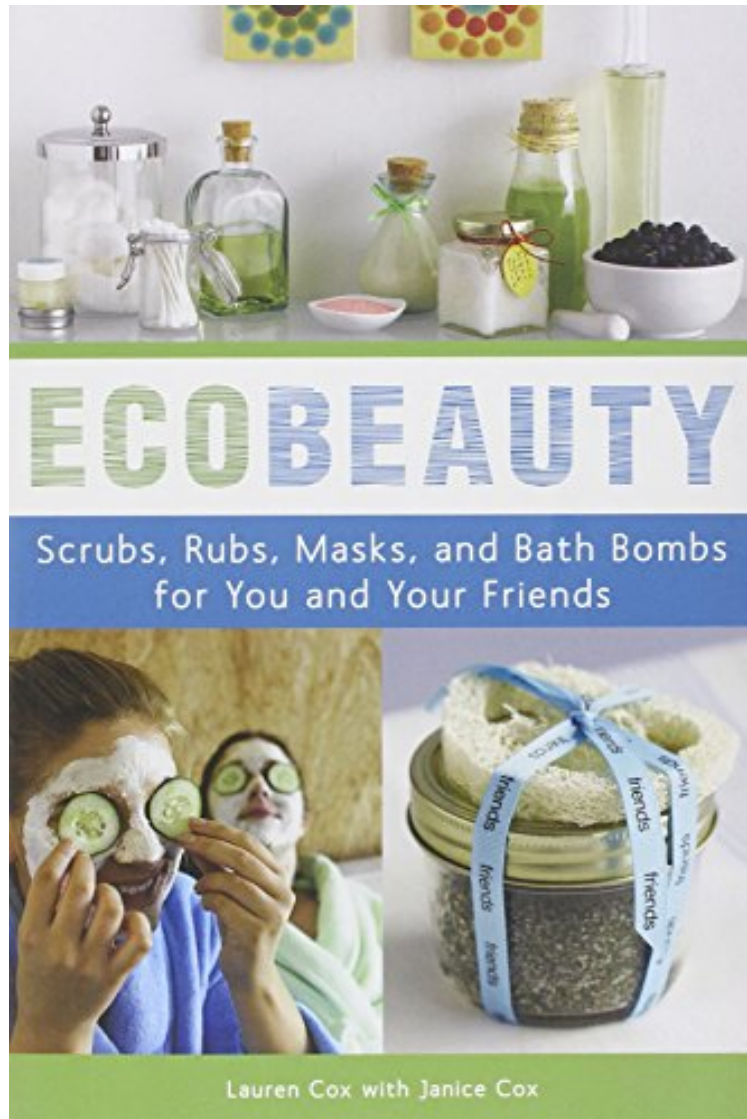


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EcoBeauty: Scrubs, Rubs, Masks, and Bath Bombs for You and Your Friends

Lauren Cox, Janice Cox

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Lauren Cox, Janice Cox : EcoBeauty: Scrubs, Rubs, Masks, and Bath Bombs for You and Your Friends before purchasing it in order to gage whether or not it would be worth my time, and all praised EcoBeauty: Scrubs, Rubs, Masks, and Bath Bombs for You and Your Friends:

0 of 0 people found the following review helpful. Nice DIY book on natural beautyBy LisetThis is one of the better books on DIY natural beauty stuff, with more of a fresh perspective and modern flair.I own several old books on the

subject that are just "plain", and I find this one to be my favorite because it actually has big color photos throughout the book. I especially like the info on sugar scrubs, which one of my old books on DIY beauty does not have. Sugar scrubs are quite a special treat for your face body, which is why they are so popular on Etsy. Will try doing my own, and so the recipe will come in handy. 2 of 2 people found the following review helpful. This book is full of fun activities and ways to pamper yourself. By Bean Peanut This book is full of fun activities and ways to pamper yourself! I love the way it is organized, and the recipes are very versatile. Ingredients can be easily subbed for other ingredients in your home. Very easy to follow. 3 of 3 people found the following review helpful. Great Book! By Katt978 I've only had this book for a week, but I've tried three recipes so far- and they've been amazing! I'm going to make some of the recipes for Christmas gifts this year. My daughter is 6 and she loved helping to make the scented bath salts! It was quick and easy and I've had no trouble finding the ingredients. I love all the creative ideas and the photos are just beautiful! This will make for many fun mother/daughter projects!

EcoBeauty has something for everyone. Crafty types will love the gift ideas, and even those of us who can barely make toast will be able to handle these recipes. Making beauty products at home is a great way to save money and help the environment, and these recipes will do all that plus give you gorgeous skin and hair. --Beth Mayall-Traglia, editor in chief of TotalBeauty.com Fun, fresh bath and body recipes that are great for gifts, girls' nights, or everyday use! --Jill and Megan Carle, coauthors of Teens Cook and College Cooking Attention DIYers! Finally, the ultimate natural-beauty "cookbook" packed with deliciously easy, eco-friendly recipes for getting gorgeous with fresh ingredients from the kitchen. A must-have for anyone who wants to be healthy, save money, and make the world a more eco-beautiful place. --Rona Berg, editor in chief of Organic Beauty magazine and author of Fast Beauty Lotions and Toners and Soaps, Oh My! What's the hippest way to be green? When you whip up a batch of Avocado Hair Conditioner, not only will your hair be green (for about twenty minutes) but your lifestyle will, too. Natural beauty maven Lauren Cox is bringing bath and body into the eco-friendly future with 100 easy and economical projects, featuring au courant ingredients--hemp oil, green tea, soy milk, powdered kelp, goat's milk, and more--that are increasingly easy to find. Recycled bottling and green gift-giving ideas round out this stylish how-to manual for the DIY generation. So whether you are a crafty chica revitalizing your skin with an Espresso Yourself Facial Mask, a penny-pinching diva rocking some simple Green Tea Toner, or a chocoholic with a craving for Chocolate Brownie Lip Gloss, EcoBeauty has a money-saving, planet-loving, skin-pleasing creation for you.

This guide brings something new to the table. Every Day with Rachael Ray From the Publisher* 100 fresh and eco-friendly projects for body, face, and hair, from up-and-coming natural beauty expert, teenager Lauren Cox and her mother, leading home beauty author Janice Cox. * More than 80 percent of American teens are concerned about the environment, and they want to contribute to society through conscientious consumer choices. About the Author LAUREN COX is a full-time student at UCLA. She has been making her own bath and body products for the past ten years and has done product testing for her mothers popular natural beauty books. She lives in Los Angeles, California. JANICE COX is Americas leading natural beauty and home beauty expert. She is the author of three best-selling books on the subject and is a regular contributor to magazines and newsletters, as well as a frequent guest on television and radio. She is a columnist for Herb Quarterly and Herb Companion. Her current focus is organic DIY products. She lives in Medford, Oregon. Visit www.janicecox.com.